



“We’re becoming increasingly aware of internal and external energy, its qualities, and the principles by which it functions—frequency, vibration, resonance, waves, oscillation, cycles, octaves, and spectrums. We’re discovering that these concepts are at the heart of the newest techniques for knowing, doing, and having everything.”

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Dear Editor/Producer,

Make a tiny shift in your awareness and the world you see can change—in less than a second the solid physical world can become a shimmering, resonating world of energy. *You realize that everything is vibrating!* When you pay closer attention, you notice you can feel slow, sluggish vibrations and fast, harmonious vibrations. Then you realize there is information encoded in the vibrations you sense. And—yes!—this could be quite useful...

The truth is, we make this shift to the energy world thousands of times a day without realizing it—to obtain information about what decisions to make and how to act. Imagine how smooth and easy life might become if we could make that shift into a conscious, intentional skill and be able to translate “vibrational information” immediately into trusted guidance?

This is what ***FREQUENCY: The Power of Personal Vibration*** (Beyond Words/Atria Books, 2009, \$24) is all about. Author **PENNEY PEIRCE**, an internationally recognized expert on intuition and perception, guides you into the new “energy reality” that’s emerging as we speak, and gives you a step-by-step roadmap to a positive state of awareness based on “frequency principles”—methods derived from the way energy actually functions—with tips to achieve a new kind of effortless success.

Peirce describes 9 Stages of an Evolution Process that everyone is experiencing right now as we transition from The Information Age to “The Intuition Age.” She helps you find how far along you are, and what comes next. If we know there’s a positive outcome, the global crises we’re experiencing won’t seem so overwhelming and we’ll move through this process more rapidly with less wounding. In ***Frequency***, you’ll learn how to shift your reality from one that’s full of snags and disappointments, to one where life unfolds effortlessly in alignment with your destiny.

Frequency helps you move through the stages of the transformation process, then gives you a whole new perspective on how to live and work in the new energy world. Chapters include: *Our Phoenixlike Transformation, Living Among the Frequencies, Becoming Aware of Your Feeling Habits, Freeing Yourself from Negative Vibrations, Feeling Your Home Frequency, “Feeling Into” Life with Conscious Sensitivity, Mastering Relationship Resonance, Finding Upscale Solutions, Choices, and Plans, Creating a High-Frequency Life, and Accelerating Toward Transparency.*

PENNEY PEIRCE is inspiring, articulate, and well-versed in many subjects. She is a warm, practical, and lively guest on interview programs. ***Frequency*** is a book that breaks new ground, much as Peirce’s first book, *The Intuitive Way* did.

Penney is available for interviews and podcasts.