



“If you allow the high-frequency energy to flow through you unimpeded and let your body adjust naturally, you can expect to experience more vitality and endurance, as well as greater awareness, which means higher frequency feelings (love, generosity, happiness, enthusiasm) and higher frequency thoughts and motivations (innovation, creativity, inspiration, forgiveness, service, healing).”

—from *Frequency: The Power of Personal Vibration*

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## Praise for *Frequency*

In this potent and evocative exploration of the new art and science of frequency dynamics, Peirce brings profound knowledge and speculation that inspires as it excites. If applied across many disciplines, it provides a basis for new ways of being and doing, health and creativity.

—**Jean Houston**, PhD, author of *Jump Time* and *A Passion for the Possible*

In *Frequency*, Penney Peirce intelligently and compassionately combines powerful teachings, personal experiences, her work with clients, and skillful methods for upleveling our home frequency and uplifting not only our individual life, but life throughout the cosmos. Hers is a most excellent energetic medicine, universally applicable to the times in which we live.

—**Dr. Michael Bernard Beckwith**, author of *Spiritual Liberation*

*Frequency* will put you in touch with yourself in a way you never dreamed possible. Penney Peirce, with her amazingly comprehensive grasp of intuitive and empathic perception, has crafted a highly useful book that will help you reliably recognize the core vibration of your truest self, and harness your sensitivity so all areas of your life can change for the better.

—**Carol Adrienne**, PhD, author of *The Purpose of Your Life*

We are all affected by positive and negative energy whether we realize it or not. With the wisdom contained in this book, you will learn how to raise the level of your vibration — your frequency — to benefit yourself and humankind in miraculous ways.

—**Masaru Emoto**, author of *The Hidden Messages in Water*

Many independent indicators tell us we are about to experience a rapid transition to a new world — an evolutionary jump of profound proportions that will change the essential nature of who we are and how we understand reality. This extraordinary, practical book is no less than a personal primer for becoming the new human being who will co-create the new world. Transcending the coming chaos is possible with the toolset that you will find here. It is an unprecedented gift for the person who is ready to evolve.

—**John L. Petersen**, futurist and author of *A Vision for 2012: Planning for Extraordinary Change*

*Frequency* reveals the simplicity that underlies apparent chaos. In detailing and giving examples of how to get in touch with the soul's purpose, action, and connection to others, Penney Peirce brings us the gift of how to live in alignment with the magnificence of who we truly are. This contribution rises as seminal in the transformation process of every person.

—**Joan C. King**, PhD, neuroscientist, professor Emerita Tufts University School of Medicine, and author of *Cellular Wisdom: Decoding the Body's Secret Language*

Seeing ourselves as energy beings is the most important breakthrough of our times. In *Frequency*, Penney Peirce clarifies many of the energy principles that have previously been unacknowledged, but which we can now intentionally use to keep ourselves healthy and improve the realities we live in. I laughed out loud when I read this book, and enjoyed it immensely.

—**Richard Bartlett**, author of *Matrix Energetics*

This book takes *The Secret* to yet another level. At the center of it is an important truth. The left brain will argue with it but, if you listen to what Penney Peirce is saying, with an ear attuned to what resonates in you, you will gain something lasting that really matters.

—**Don Joseph Goewey**, author of *Mystic Cool*