

# YEARLY & MONTHLY ACTION CYCLES

(Use this to interpret the numbers on the bottom part of the Numerology Cycles chart)

**1** Time for new action without much knowledge, restlessness, new ideas that come from out of the blue, originality, taking risks, pioneering, depending on yourself, being authentic, experiencing autonomy, leadership, exploration, impulsiveness, individuation, self-discovery, confidence

**2** Time for receptivity, opening intuition, female energy, marriage/divorce, meeting new people, making connections, establishing or ending friendships, balancing and connecting things, advising others, receiving revelations, taking care of details, being patient, making peace, having conflict and adversarial situations, mirroring, accumulating, being emotionally sensitive, experiencing legal issues, forming or ending contracts (external and internal), teaching, therapy, mediation, resonance

**3** Time for self-expression, authentic creativity, open-mindedness, finding new options, social activities, coming out of hiding, promotion, marketing, sales, writing, expansion, communications, entertainment, acting/performing, humor, working with the voice, networking, spontaneity, study, talking, singing

**4** Time for structure, to-do lists, directed effort, work, responsibility, discipline, dissolve attachment to old forms, allow crystallization of new foundations, building, real estate/housing issues, attention to physical body, focus, commitment, karma, proceeding systematically and patiently, measuring progress, setting up new challenges for yourself

**5** Time for change, freedom, travel, new ideas, sensory stimulation, foreign cultures and languages, creativity, promotion, communications, adventure, confusion, overstimulation, lack of security, dancing, sports, restlessness, moving, networking, broadcasting your message, expanding into the world, gathering information, breakthroughs

**6** Time for adjustment, balance, healing, harmony, settling down, psychological work, family matters, time in nature, highlighting the domestic area, redecorating, beauty and art, good hygiene, marriage/divorce, service, care-taking, moving, emotional issues, attention to diet and health, gardening

**7** Time for alignment with spiritual purpose, telling the truth, going to school, withdrawal from experience that is no longer appropriate, waiting, meditation, planning, reviewing, loss of restrictive forms, study and research, investigation, sabbaticals, technical and analytical work, work behind the scenes, metaphysics, retreats, spiritual pilgrimages, introspection, mysticism, perfecting, analysis, ego death, losses, purification, revelation of the spiritual, "frequency sorting"

**8** Time for power and forward movement, career advancement and promotions, manifesting visions and final forms, material success, making commitments and decisions, planning, organization, confrontations, business, money, new business ventures or completion of existing ones, dealing with authority, professional issues, value system issues, concern with justice and order, creating systems and strategies, dealing with superstructures or the System

**9** Time for completion, housecleaning, letting go, losses without grief, ego death, creating clear open space, tidying up, inspirational visions, universal awareness, idealism, altruism, being in limbo, incubating, finding the broad outlook, experiencing lack of motivation and boredom, spaciness, dreams, visions, mediumship, long distance foreign travel, exotic experiences, interest in philosophy, poetry, art, music, drawing conclusions consciously, giving things away, philanthropy, humanitarian projects, socially relevant work

Note: the circled months on the chart indicate catalytic months where events are likely to precipitate or important decisions or shifts may be made.



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