

Penney Peirce's 2016 Letter

copyright 2016 by Penney Peirce

Summing Up the Past Few Years

In last year's letter I said that 2013 had been largely focused on realigning our personality with our soul and beginning to get rid of the kinks in the garden hose that blocked our inspired experience, while 2014 seemed to push us toward the next step: collecting our consciousness and receiving the new energy. We were trying to feel: What is my new "home frequency" and what do I want to do with it? Where does the energy itself want to go? Perhaps we were learning to be still, to enter the silence, to connect with the inner voice available in the present moment. After that, 2015 felt like a beginning but with a variety of things yet to clear, new habits of consciousness to stabilize, and though we were able to walk forward, we still had to practice-practice-practice looking both ways as we crossed the street.

Many people I spoke with felt a clogging of the flow in the second half of 2015 and especially in the last three or four months. I compared it to going through a bottleneck: the physical world was bringing growth, but ever so slowly, and at a deep and subtle level. It was easy to feel blocked, distracted, or stuck. It felt like we were finishing up various bits of karma, or taking a final exam in How present can we be with the Flow and How much do we trust its innate wisdom? Are we going to forever be treading water, waiting for the "time to be right," or caught in indecision or boredom—or is there freedom even in this?

The acceleration of energy on the planet continued to raise the vibration in the world, and it seems quite a number of people decided this was a good time to ride that wave right out of their body toward the end of the year. Many people died, and some suddenly, my own mother included. Perhaps because of this, for the first time in my life I experienced each of the 2015 holidays as "just another day" and felt the underlying continuum of life's process under the surface of the celebratory hubbub.

I can expand into new ideas and realms I forgot I know about and like.

As 2016 began, however, I experienced a blast of fresh air as though two windows in the house had been opened to allow a cross breeze. My body began to feel joy bubbling up from within, even though I was still heavily involved in the slow physical work of clearing my mother's belongings from her home. On the surface it seemed we were in the same end-of-the year focus on *freedom within restriction*. I couldn't help but notice the passing of David Bowie and Alan Rickman, both the same age, within days of each other and I thought, "Maybe some sort of portal opened between the dimensions over the turn of the

year, making it easier to shift out of form."

In spite of the carryover from 2015, 2016 feels positive—full of new movement and creativity, even in arenas that have been full of suffering. People who have felt they were stuck or unable to change something key in their lives will, in some random moment, drop into their experience in a fuller way and an insight about what to do next will pop to the surface along with the motivation to do it. It may be a physical action or a mental-emotional one. They will take attention off the idea of being stuck, stop making excuses, reconnect with the idea of freedom and entitlement, and their Flow will move again. With renewed Flow will come new ideas or combinations of old ideas that will excite change and innovation. We are likely to encounter new perspectives and pursuits that truly shift our reality.

I can have a spiritual experience no matter what other people do or where I am.

One of the complaints I heard most often from clients last year was that they felt they were misplaced, had outgrown their current situation, or were having to deal with mundane things that prevented them from having the spiritual experience of connection they yearned for. They had been taking classes, reading, doing yoga, and watching teaching videos on youtube, but still didn't feel what they knew was possible to feel. The key here is that *they knew what the experience of spiritual connection was going to feel like* but they were blocking themselves from experiencing it because their left brain's limited view of the world was projecting the experience into the future, or making it conditional upon moving to a new location, getting a new group of friends, or quitting an "ordinary" job to become a healer or something similar.

When we remember to bring the experience we want to have into the present moment, and just feel it (since we actually *do* know what it feels like and we *do* know how to imagine it), then feel it some more, we realize it's always with us, just waiting patiently to be experienced. Nothing is in the way except our excuses and choice to allow ourselves to be distracted.

I experienced this when my mother's health quickly worsened and she died suddenly late last fall. It would seem that dealing with her suffering and the inefficiency of the hospital's emergency doctors and nurses would be a great excuse to say I couldn't have a spiritual experience. And after, dealing with the estate and her many beautiful belongings—which kept my mind buried in the physical detail of sorting, organizing, and distributing for months—might be a credible reason to feel cut off from higher realms. Oddly though, some part of me kept remembering to stop and drop into the moment, to feel through the surface into the energy patterns underneath, to feel the souls' purposes in each phase and the way the completion process was unfolding perfectly. The spiritual experience was there all along, tracking parallel and interwoven with the mundane. Paying attention to this became a practice. We can punctuate the superficial with the

profound and change tragedy, exhaustion, and boredom into gratitude, respect, and even humor.

I can recognize when my left brain's negative, limited view is trying to remain dominant.

Part of our practice for 2016 will be to notice the quality of left-brain perception, its limiting, past-oriented, security-seeking, often negative view of growth and evolution. We need to understand that left-brain perception isn't "bad," but it's necessary for creating physical reality, accomplishing things, and probably for the act of human creativity itself. It just shouldn't be running the show. Our right brain is immersed in the unified field, knows the Flow intimately, and experiences vast interconnections and unlimited knowledge all at once. It connects us to our source-place and soul guidance. In 2016, we will learn to work with the two sides of our brain, our physical and nonphysical consciousness, skillfully. This will help us dissolve the imagined blockages that have prevented us from moving into our destiny-realities. We will experience much more about the core differences between linear and spherical-holographic perception (discussed in depth in *Leap of Perception*).

**I can let people go and let things be as they are.
And it's OK to move on.**

We'll also have clear realizations that certain realities we've been living in, and perhaps putting up with for a while, are actually finished. The lessons and skills have been learned. The karma has been completed, there's really nothing more to be done, no more point hanging out in those situations, and we are FREE! Nothing's wrong, we're not selfish, we're not disloyal or dilettantes, it's just that our frequency has increased and we don't fit the old situations anymore.

We will realize we don't have to save our loved ones, or avoid negative people, that it's OK to just let people be and find their own insights, timing, and path forward in life. We can contribute, but when it becomes a struggle we end up in self-sacrifice, and that's a kind of stalling we can no longer put up with. So in 2016 you may find yourself leaving a job, a city you've long resided in, a house you've built or customized to your own style, or relationships that are no longer offering equal exchange. It may seem logical and advantageous to maintain many of these things because of habit and security, but a force will rise up and a wave will begin to carry you to a new reality. You'll have to fight to stay in the old pattern.

I don't need to use will power to direct the Flow.

In 2016, you'll probably focus on how you use will power—how much you use, how you unconsciously think you must use it to materialize what you want, and how you use it to try to direct the Flow of events and control timing. If you pay close attention, you'll see

how using will power and *intending* results often interfere with what wants to happen. You'll begin to notice how will power can be quite subtle, how even when your mind projects ahead to think up the next thing on your to-do list, you may be interfering with the Flow's innate intelligence. And yet, you'll first probably think, "If I do nothing, I'm just lazy, and nothing will happen." Then you'll experiment with relaxing and waiting. And then you'll feel the Flow pick you up and move you, body and mind, without your left brain needing to declare the goal first. You'll discover the goal as you experience the Flow.

This is a powerful shift that helps you experience *the reality of trust*. The Flow has your best interests and evolution as its central force. You can be informed (literally, the knowledge coming in to form you and your reality) by the Flow when you become one with it. Stay separate from it, try to direct it, and your experience snags, you suffer alienation, and make mistakes.

**I recognize when I'm trapped in opposition thinking
and I can move to the eclipsing third point
that reveals unity and the new paradigm perspective.**

In 2016 you may also become extra conscious of oppositional thinking and action. In the United States, the year is leading up to a presidential election, a shift in leadership and consciousness. That means we may be overly focused on "us versus them," and the underlying energy may feel unnaturally backed up against the dam of the coming election results. Other parts of the world may be focused on war and terrorism to a greater degree.

Those who seek spiritual growth and transformation will be guided to recognize the useless captivity of resisting what we ourselves define and perceive as against us. There is a certain feel to oppositional thinking and emotion: an adrenaline rush that inspires righteous stances, rage, hatred, or the desire to flee the involvement, the country, our body, or life itself. It's a tightness we inadvertently mistake as pride or part of our identity. It locks us into half the potential of life until we suddenly see how the "other side" contains an underlying similarity or commonality, but expresses it in a different way. Then a huge world reopens to us.

In 2016, it may become much easier to recognize that tightness and limitation, and not want to identify with it any longer. It will feel uncomfortable, and even slightly "dirty"—that's the word that comes to me. Instead of taking sides, we'll be more interested in shifting our frequency up a level to see both sides at once and find the unifying ideas or fears that keep the sides tied together in the frustrating dance of the fight.

Of course, simultaneously, there will be many people who don't feel capable of perceiving their way out of conflict, or who simply don't yet understand the principle. Many will be given the chance to find peace by owning the deep core motives of the

opposing side, to find understanding and kinship. And this will likely be catalyzed through violent confrontation, war, injustice, or abuse. If the soul can't find a way through fear, a locked down left brain, or a closed heart, it's likely that many people will unconsciously choose to die, and leave the physical world to regroup and come back again in a new lifetime with a broader perspective.

**The irony of going inside and slowing down:
we simultaneously expand into a bigger world and accelerate.**

It may seem that the things I'm talking about are relatively quiet, non-ambitious, internal activities. How do they fit with a year that is likely to see intensified action and expansion? It's been my experience that when I correct my perception and release the blocks and contractions caused by fear and over-use of the left brain, when I make space for my soul consciousness to seep or even flood in, first I receive a much higher caliber of thought and feeling. I find greater smoothness, fewer snags, more true motivation, and action happening almost by itself, involving me in it, rather than me trying to create flow and progress within myself. Suddenly, my world includes more, I am more understood and matched by other people, and there is greater satisfaction involved in everything. In 2016, the heightened energy will make skillful perception necessary and skillful perception will catalyze just-right actions. I'm guessing this is going to bring you a deep sense of psychic relief and budding joy. . .



Many blessings,

A handwritten signature in black ink, appearing to read "Penney Peirce". The signature is fluid and cursive, with a long, sweeping tail that extends to the right.

www.penneypeirce.com
www.intuitnow.blogspot.com