

## **Penney Peirce's Summer Solstice Letter, June 21, 2011**

We are standing in a doorway. Behind us is the old reality we are leaving, ahead is the new Intuition Age reality. To move through the door we must shed the attachments and habits we learned in that old reality, and be open to discovery, without preconceptions and prejudices. Many people describe this doorway experience as being "stuck." I hear it from so many these days: I know something is coming, I know I am changing, I'm excited, and yet I feel stuck. Why isn't it coming faster? What am I doing wrong?

The year so far has been characterized by more energy acceleration but of an intensity and at a depth I have not felt before. It's been as though the very particles in my body were vibrating faster, or blinking in and out of matter more rapidly. From January through April I experienced a need to be much more quiet and private than I have been in previous years. It felt like a wave of energy was flooding into my body, like water backing up against a dam, pushing and swirling. Then, the beginning of May, the wave released and since then I have experienced flow-through.

The new rhythms deep inside are causing a variety of symptoms and things to pay attention to. I've listed 9 of them here.

**1. There has been a desire to stay closer to home, more local, and to get in our body.**

What does the world look and feel like when you are in your body as your body? I found myself being drawn to work with the earth, in the garden, and to tend to mundane tasks with a quality of presence and respect, as if each thing were new. I often felt like an animal, connected directly to the life of other beings, feeling subtle shifts in the weather, or upcoming events. I could feel how when we're inside the body as the body, we bring our soul force into matter much faster. YOU, the real you, are here! The body receives a clearer set of instructions about how to make the shift to transparency and flow-through.

**2. It's important to stay out of the left brain.** The left-brain way of processing information, controlling behavior, and creating reality is too slow, contracted, antiquated, and even painful. It draws guidance only from past experience, and feels disconnected from the rest of life. It is the left-brain that tells us why things won't work, that we can't do things until we have proof, that progress must be made gradually and logically. We live in a left-brain dominated culture and adhering to those reality constructs stalls and slows our process of integrating the new energetic patterns. I noticed I was avoiding the amount of detailed, ambitious, analytical work I routinely do and was spending more time reading novels and watching videos, or walking in nature. I was literally bouncing off explanations and writing that was too dry.

**3. We can't plan too far ahead.** I've experienced how plans I thought were a sure thing suddenly get snagged and don't happen, while other things I hadn't planned on materialize almost overnight. It's as if we don't need to do certain projects anymore because we've rapidly evolved beyond needing the experiences they offer. Nothing is wrong; we just mustn't be too attached to the linear way things used to work. The present moment brings exactly what's needed. Practice asking for what you need and watching to see how long it takes and in what form the answer arrives. It's a game! Then watch for what the world offers you that you didn't know you needed. When you want a longer term view, soften your awareness and get a glimpse of a bigger movie. Then come back to your body and see what feels just right to do in the now.

**4. Practice merging with the physical world.** Engage with the physicality of the moment,

then feel the energy inside things. Feel into and merge into the forms and people who are in each moment with you, even into the air. Inside everything physical is a living presence, diamond light, and love. Feel the collective consciousness and the energy in the unified field making the objects, and you, and others, and the Flow itself. We are all aware of each other and playing with each other and for each other. We exist because of each other in so many ways. As you feel the oneness, you return to innocence and a childlike joy in creating anything you want—cocreating actually—with the collective consciousness.

**5. Trust the Flow. Trust the Flow-Through.** It is the collective awareness of all souls throughout all time and space, creating and evolving all of us. Keep this in mind when you encounter a blockage. Everything is evolutionary, and everything contains useful data to enrich your life experience. See your soul's purposefulness in bringing you each experience, even if it feels contracted—maybe it's a focus. How is each thing an opportunity to evolve, that is, to regain memory of yourself as spirit.

**6. The intensity comes in waves.** Sometimes there is little or no sleep when you think it should happen, and deep sleep when you think it shouldn't happen. Rejuvenation comes now in each oscillation, from our particle-based reality, of our particle-based bodies, to the wave reality and back again. Renewal happens every millisecond, not just in dreams and REM sleep, or deep delta level sleep. Your body is learning new rhythms and opening to the new vibration in stages. Let the intensity move; don't be afraid of it but welcome it. Let it teach you.

**7. Clear everything that weighs you down or slows you down.** Foods, relationships that don't match your frequency or where you're headed, should you inherited from your family and culture, and yes-buts, contractions, or hesitations based on past experience. It may even be time for you to let go of your history, your story of why you are the way you are. Let go of holding ideas and things, and ways of knowing. Give yourself a chance to be new in each moment, to have fresh, original, innovative, first thoughts.

**8. Reframe negative self talk to be positive self talk.** Watch for negative declarative statements your left brain makes about you and your life, words and thoughts that lock you in to a low vibration and a limited sense of self. Language can block or free the flow of creativity and accurate self-guidance. Think about how each experience helps you see the physical world as the spiritual world, and let the physical reality obey the same universal laws that work so effortlessly in the spiritual reality. As you see it as so, it occurs.

**9. Practice "just being," and "being with" the being-ness in all things.** Establish a personal relationship with soul essence, with love. As you practice being, you allow the memory of how things work in the spiritual realm and the unified field to penetrate back into and through you. Far from being a nonuseful activity, this nonlocal wisdom will soon surface into the physical world in interesting, surprising, and helpful ways.

As we equalize our energy with the energy of the world, a funny thing happens—the doorway disappears and there is no longer a split in the world. The doorway was just a symbol for us dealing with the perception of duality. Now, we are simply IN the new reality. True, other people may not know that they're in the new reality yet, but you will have a place in your reality for them, without having to go back to the old worldview to communicate with them. You will find yourself shifting many things in your life—like friends, habits, job, house, location—so they match who you're becoming.

In the world the same process is occurring. Where the Flow of evolution is caught in logjams and nets of old left-brain, ego-driven, control and will power-based thinking, there is a buildup of energy that cannot be held back much longer. Sudden releases of this evolution energy are starting to occur: the Gulf Oil catastrophe, the earthquakes, tsunamis, and nuclear disaster in

Japan, the big earthquakes in Iceland and recently the Puyehue-Cordon Caulle monster quake in Chile. The results of these disasters often point to the danger of short-term, irresponsible, selfish, greedy interests of a select few, people whose closed-hearted, left-brain strategies disconnect them from others and the planet and allow them to cause vast damage to what gives us health and life.

We're also seeing the beginnings of various rebellions and revolutions. Where evolution cannot occur naturally, we will experience revolution. The end of one of the world's great ego-driven, isolated men, Osama Bin Laden, marks a beginning of the rising sentiment against opportunistic, cruel dictators who have a strong agenda of hoarding power and wealth at the expense of the people they pretend to serve. This lack of soul experience is at their core instead of heart. These isolated, old-reality leaders will fall, after fighting to preserve their "empires"—just as the ego resists "dying," or moving into a position of service to the soul.

As we've seen the fall of dictators in the Middle East, we will also see the fall of their equivalent in the West. Balance. Watch for the exact same ego-driven motivations to become obvious in corporatist politicians in America, Europe, Japan, and Australia. Watch for a people's backlash against politicians who suppress every protection for the environment, the sick, and the elderly, who reduce the capacity of entrepreneurs and small business to rise and expand, who decimate the education of our youth. This political trend is the egomind or left brain in its death throes, pulling out every trick to project blame and control others to survive. There is no intuition, no heart, no awareness of our global interconnectedness and interreliance.

As more people enter the doorway experience and begin to truly wake up, we will see through the hypnotic smokescreen that has been caused by the slinging of fear, the pushing of reactive buttons. And we will see the hypocrisy practiced by people who claim to be religious but don't practice the most basic of universal principles—the Golden Rule. Where the left brain dominates and creates its own reality, there is always isolation, fear, counterphobic behavior, suppressed pain projected cleverly onto others, and enemies around every corner.

Watch for a big push for dominance from the forces that want to control reality. And when you feel it, don't shift into fear and give your power away. Stay centered in your home frequency, talk to friends, join with like-minded others, and look for better solutions. Be enthusiastically innovative. The world is in a period of polarizing before a greater unity can appear. You may experience an increasing gap between yourself and others who are afraid to change, who adhere to the old ways. You may see the people who want to preserve the old reality becoming literally insane, and trying to get away with criminal behavior in the most blatant of ways. It will soon seem that we live on a world that hosts two distinctly separate realities with distinctly different sets of rules. And this may continue for awhile. We must add energy to the new reality and not plug in to the old reality and feed it, with either agreement or resistance.

Believe in your soul, in the soul of the world, in the evolution process. It's all bigger and wiser than we are right now.